

Un-measurable Social Distancing

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All of us are now going through the total Lockdown situation. I have seen this for the first time in my life span of 60 years. I have defined curfew as “restrictions and fear related to it”. Before this curfew and lockdown , CORONA was considered as normal flu and casual curable disease. After knowing its gravity, everyone just shocked ! The entire world practically stopped , all operations except lifeline areas held-up.

In India , the Government has taken some major decisions. The World Health Organization (WHO) has appreciated these precautionary steps. Central & State Governments together taking the control by implementing the strict measures like Social distancing and IPC 144. This is undoubtedly needed to maintain normalcy and to put life back on the proper track. Till today , it's uncertain how long the lockdown shall continue.

This period of lockdown is somewhat new to we, Indians. We have witnessed many changes in our life style . I feel that democracy alone is not enough to bring normalcy in short period but it needs some different strict control to cure this pandemic borne circumstances.

The origin of COVID 19 is Wuhan of China , where today , in just 3-4 months the normalcy exist. Chinese have set an example for the World to manage the situation of crises proper , faster , in time and on time.

The determination of Chinese is worth notable. I had landed at Beijing a decade back and it was a time of ' Swine Flu' . After our flight was landed in Beijing , a team of well masked Doctors entered in the flight and thoroughly examined all passengers. About six to ten passengers were taken for further detailed medical check-up. Today's normalcy at China does not happened because of their policy but because of total devotion, dedication and determination of each & every Chinese.

Now, we Indians are looking for faster normalcy but the dilemma still exists. It is because of fear in the mind to mix in the society. After all health is of prime importance . It is generally observed that most wealthy people suffer from some or other health issues. I remember , long back I had a chance to meet the Chairman of a big & popular educational institute. I was waiting & stunned when I saw him

climbing down from First Floor to Ground Floor with two nurses and the gentleman fully loaded with monitoring system attached to his body as morning routine check-up . I used to refer him as “ Academic Boss with poor health.” There are many such bosses with poor health. This fear is due to not finding time for health accumulation when there was time and focused only on wealth accumulation. This wealth at later stage these people find useless to save their rusted body.

The consequences of corona pandemic , rather the precautionary measures by the Government matters most in the future of the country.

The long lockdown has witnessed many changes in the life style of many citizens . A major change is that , it has a positive effect of people and they have learnt to live a frugal life. Many have money but can't spend. Although , this is a short term situation but it has long term effects on the economy.

I have anticipated some changes listed as below :

Undoubtedly, Government itself is a big force.

Effects on Economy :

Globalization shall observe a down trend in short run

Bank rate has already gone down

Small, very small and cottage industries shall find difficulty to survive

Effects on Social Life

Emotional distancing may increase to some extent

Social events shall be consisted

Big events and celebrations shall not be there

Materialistic approach shall get diluted

Preference to isolated or very restricted social life

More population will enter in BPL

Gender bias shall decrease

People will prefer to go back to village life & Villages shall swell

Effects on health awareness

Primary importance will be given to health

People shall eat food as medicine

Everyone shall pay or find means to reduce stress

People shall be diet/ nutrition conscious

Effects on Agriculture

Organic farming shall come up

Agro industry shall get boom

Social Distancing is not a proper term coined, it should be referred as interpersonal distancing.

COVID 19 has obliged the entire humanity

- i. By setting up guidelines for all of us to take care of health & adapt healthy life style.
- ii. Preventive and predictive health maintenance.
- iii. By proving us that, wealth can be accumulated but not the health. We must keep fit every day every time to meet challenges.

Let's come together! Although there is distancing physically but let's bind together emotionally and contribute to noble & patriotic cause to make India fit to meet future challenges.

Thank you.

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